



## The Ancient Secret ‘Big Food’ Hides: How a 1,100-Year-Old Ritual Could Save Your Health!

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*“We are people of the maize. Our flesh is made of it.”  
~ Popol Vuh, the Maya Creation Story*

### **Big Food’s Dirty Secret Exposed!**

Did you know 58% of the food you eat is slowly poisoning you? The Food Industry (Big Food) doesn’t want you to discover the 1,100-year-old ritual that could reverse chronic disease, boost your energy, and reclaim your health! Hidden in the ancient wisdom of the Maya and Lakota lies a secret so powerful it’s transforming lives—and sparking a revolution.

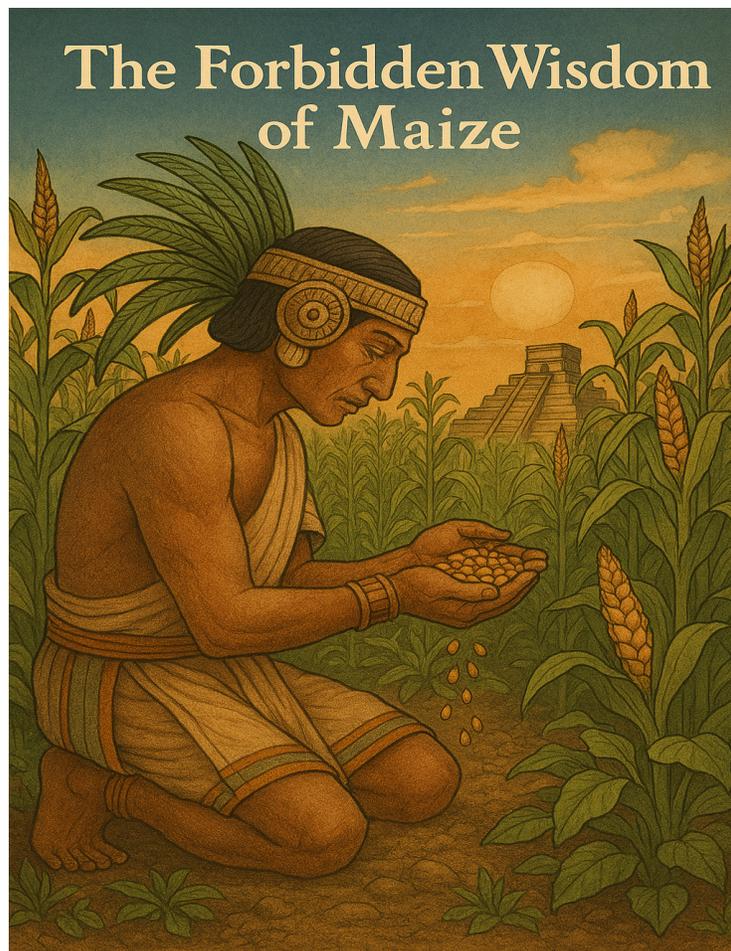


Are you ready to uncover the truth the Food Industry buried?

### **The Forbidden Wisdom of Maize**

Centuries ago, before Big Food’s lies, the Maya carved a sacred truth: you are made of maize. Their creation story, the Popol Vuh, reveals that gods tried mud and wood for humanity, but only corn dough gave us life, strength, and soul (Popol Vuh). This wasn’t just myth—it was a blueprint for health. The Lakota echoed this,

calling corn Wagníza Iná, Mother Corn, a divine gift from Wakǎ́j Tǎ́nka to heal and unite (Traditional Lakota Teaching).



Picture a Mayan farmer 1,100 years ago, kneeling in a sacred milpa. Dawn’s cool breath kisses his skin as he sifts through wagníza seeds—each firm, polished, bursting with earth’s promise. He’s on a mission: to grow the purest, most nutrient-rich crops for his people. Sound familiar? This ancient quest is the heart of orthorexia, a modern rebellion against a toxic food system (Narrative Context).

From Maya temples to Lakota plains, from a Nobel Prize winner’s billion-saving crops to Community BioRefinery’s (CBR) revolutionary mission, this secret lives on. Backed by Bobby Kennedy Jr.’s Make America Healthy Again (MAHA) movement, we’re exposing Big Food’s lies and bringing sacred nutrition back (Kennedy, 2024). Keep reading—this could change your life!

## **5 Reasons This Revolution Will Save You**

### **1. Orthorexia: The Rebellion Big Food Fears**

Orthorexia isn’t a diet—it’s a war cry against Big Food’s betrayal (Narrative Context). Coined by Dr. Steven Bratman in 1997, orthorexia is an obsession with pure foods, rejecting the junk that dominates 58% of American diets (Bratman & Knight, 2000; Journal of Affective Disorders, 2024). That junk? It’s linked to a 30% higher risk of depression, stripping away nutrients your body craves (Journal of Affective Disorders, 2024).

Like the Lakota honoring Wagníza Iná, orthorexia demands food that heals—body, mind, soul (Traditional Lakota Sioux Teaching). It’s the Maya’s truth reborn: we are maize, and our food must be sacred (Popol Vuh).

CBR is leading this rebellion, crafting nutrition so pure it feels like the farmer's soil-dusted hands (Narrative Context). Want to join the fight?

## 2. The Ancient Blueprint Big Food Buried

The Maya knew maize was divinity, shaping humanity from its dough (Popol Vuh). The Lakota called it Wagmíza Iná, a gift to nourish and unite (Traditional Lakota Teaching). This wasn't just food—it was a sacred bond with the earth. Today, orthorexia channels this wisdom, rejecting Big Food's chemical tricks for nourishment as pure as a Mayan harvest.

CBR's bioprocesses honor this blueprint. Using precision fermentation, we isolate nutrients with the care of that ancient farmer, crafting products that embody Wagmíza Iná's power—simple, strong, sacred (Narrative Context). Big Food wants you to forget this truth. Will you let them?

## 3. The Man Who Saved a Billion Lives—and His Secret Weapon

Dr. Norman Borlaug, 1970 Nobel Peace Prize winner, saved over a billion lives with one secret: nutritious foods (Nobel Prize Committee, 1970; World Food Prize). His disease-resistant, nutrient-packed crops, developed from 1944, stopped famines in Mexico, India, and Pakistan (World Bank, 1980; USDA, 2023). His "shuttle breeding" made maize thrive anywhere, preserving its sacred core (CIMMYT, 2023).



Norman Borlaug is hailed for "feeding the world."

In Mexico, his wheat tripled yields by 1956 (USDA, 2023). In India, it ended famine in the 1960s, boosting output 70% (World Bank, 1980). His Quality Protein Maize, rich in lysine, was Wagmíza Iná reborn (CIMMYT, 2023). CBR uses Borlaug's nutrient-rich maize to craft plant protein, resistant starch, and high oleic oils—nutrition so pure it could save you (Narrative Context). Big Food hates this secret. Ready to steal it back?

## 4. Big Food's Toxic Betrayal—And Your Way Out

Big Food is poisoning you. Ultra-processed junk fills 58% of U.S. diets, driving a \$1 trillion healthcare crisis (CDC, 2024). Stripped grains lose 50% of their vitamins, maltodextrin taints 70% of sugars, and BHT, a hormonal disruptor, lurks in over half of packaged foods (Nutrients, 2023; Environmental Health Perspectives, 2023). Chronic diseases crush 60% of Americans, costing \$1.1 trillion (CDC, 2024).

Monocultures have robbed 30% of soil nutrients, and pesticides poison 40% of U.S. rivers, defying the Lakota's warning: harm the earth, harm yourself (Geoderma, 2024; EPA, 2024; Traditional Lakota Teaching). Only 25% trust food labels, but 80% want health (GlobalData, 2025; Edelman, 2025). For families like the Thompsons in Ohio, where childhood obesity has tripled, orthorexia is survival (CDC, 2024).

CBR is your escape, delivering nutrition as pure as Wagmíza Iná. Our products fight disease, restore trust, and honor the earth (Narrative Context). Ready to break free?

## 5. MAHA and CBR: The Revolution Big Food Can't Stop

Bobby Kennedy Jr.'s Make America Healthy Again (MAHA) movement is Big Food's worst nightmare (Kennedy, 2024). It's dismantling their 80% grip with a plan to:

- **Regrow the Earth:** Regenerative farming sequesters 10% more carbon, enriching soil by 15% (Soil Science Society of America Journal, 2024).
- **Free Your Food:** Local markets, up 20% since 2015, slash food miles (USDA, 2024).
- **End the Lies:** Clean labels meet 73% of consumer demand (Nielsen, 2024).
- **Save Lives:** Cut obesity 10% by 2030, saving \$200 billion (CDC, 2024).

CBR powers MAHA with:

- **Sacred Crops:** Non-GMO maize boosts soil microbes 40% (Nature Sustainability, 2024).
- **Clean Tech:** Biorefineries use 70% less water, create 90% less waste (Environmental Science & Technology, 2024).
- **Jobs for You:** 50–100 jobs per biorefinery (Narrative Context).
- **Healing Nutrition:** High oleic oils cut LDL 10% (Harvard T.H. Chan School of Public Health, 2024).

Our products—90%+ pure protein, blood-sugar-stabilizing starch, heart-saving oils—are Wagmíza Iná reborn (Nutrients, 2023; Journal of Nutrition, 2023). By 2035, we'll feed 10 million and create 5,000 jobs. Big Food's scared—join the revolution! (Narrative Context)

## Don't Miss This Revolution!

You're at a breaking point. Eighty percent of you want health, but only 25% trust Big Food's labels—a crisis they created (GlobalData, 2025; Edelman, 2025). Orthorexia isn't a flaw—it's your wake-up call, channeling the Maya's truth that you're made of maize and the Lakota's reverence for Wagmíza Iná (Popol Vuh; Traditional Lakota Teaching). It rejects a \$1 trillion disease nightmare, demanding food that heals (CDC, 2024).

Community BioRefineries is your ticket out. Our nutrition—90%+ pure protein, 30% blood-sugar control, 10% LDL reduction—fights Big Food's poison with the sacred power of maize (Nutrients, 2023; Journal of Nutrition, 2023; Harvard T.H. Chan School of Public Health, 2024). We're building 50 biorefineries to feed 10 million by 2035, creating 5,000 jobs, and honoring the earth with 70% less water (Narrative Context; Environmental Science & Technology, 2024). This is Borlaug's billion-saving legacy reborn, MAHA's revolution unleashed, and the Maya-Lakota wisdom Big Food tried to bury.

Don't stay trapped in Big Food's lies! Join the sacred revolution now—or miss the chance to reclaim your health, your future, your soul. The earth is calling. Will you answer?

Visit [CommunityBioRefinery.com](https://CommunityBioRefinery.com) for more information on our plant protein, resistant starch, and high oleic oils. Share this secret on LinkedIn, Facebook, or X—be the first to spark the revolution!

## About the Author

Vincent R. James, Ph.D., Chief Technology Officer at Community BioRefinery, is a trailblazer in zymology, having been involved in building over 40 microbreweries. With 20 years of bioprocessing expertise and a passion for Indigenous wisdom, he is fighting for your health

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